# **Leadership Coaching**

# For paid and volunteer ministry leaders

### Leadership Coaching

A process where you can increase your leadership effectiveness as I help you (a) better understand your gifting, and (b) experience spiritual growth personally and as a leader. *This will better equip you to move toward your goals*.

### A Leadership Coach

I will listen and offer encouragement as you talk about issues, ideas, and feelings related to your leadership journey. I will help you reflect on the movement of the Spirit in your life, so that your leadership can more effectively be guided by Him. From time-to-time, I may recommend books or articles that will give you additional leadership tools.

### Questions you might have...

### Julie, how have you been equipped for this role?

I have a graduate degree – plus additional academic and professional certificates – in leadership, ministry, women's ministry, and spiritual formation. I'm an ordained pastor in the Independent Christian Churches, so I've had decades of practical leadership experience (both paid and volunteer) in the local church, as well as in parachurch ministries.

[For more about my background and qualifications, visit the <u>About TUS</u> page on our ministry website.]

# What happens when I meet with you, Julie? How long are the meetings and what do you cover in a typical leadership coaching session?

We typically will meet once each month for about an hour. We will begin with a time of prayer and then I will give you time to tell me what's on your mind. You may comment on what is happening in your circumstances or your working relationships, or describe a leadership situation you are dealing with.

Our discussion might cover topics such as spiritual practices, goal setting or time management, organizational skills, or interpersonal relationships. I may ask questions or offer thoughts on what you've said. At the end of each session, I will suggest a topic for reflection, or an exercise or experience to follow up on, before we meet again.

Most importantly, I will provide a listening ear, a non-judgmental attitude, and some accountability to your spiritual and leadership growth.

### How do we get started?

If you are interested, give me a call or send me an email. We will have an initial phone conversation to get acquainted and to answer any questions you might have. If we both feel that we might be a good fit, I will ask you to complete a questionnaire that will help me better understand where you are in your life journey. Then we can schedule our first meeting.

### NOTE

Our meetings can take place in person, over the phone, or via Zoom (whatever is the most comfortable for you)

### Is there a cost?

The professional fee for each monthly meeting is \$50\*\*. There will be an additional fee for mileage if I travel to meet you outside the greater Eugene/Springfield area.

\*\* As of June 1<sup>st</sup>, 2025 the fee will increase to \$60.00 per session.

\*\* New coaching clients: If you pay in advance for your first 6 coaching sessions, you will receive a 10% discount.

## How do I pay?

You can pay for sessions in cash (if we meet face-to-face), check, or credit card. The easiest way to pay is by credit card through the <u>online store</u> on our website, but please use whatever method works best for you.

I look forward to hearing from you!

Julie

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