

A Heart-to-Heart Connection

Building Wisely on the Foundation

Below are some questions for your personal reflection. It is for you alone, so I encourage you to be open and understanding about wherever you find yourself spiritually.

***On a scale of 1 - 5, are you satisfied with your prayer life? Why or why not?**

***Using that same scale, how would you rate the closeness of your relationship with God?**

***Which phrase below honestly describes the *consistency* with which you ask God to direct your personal life decisions and choices?**

all of the time
most of the time
once in a great while
only when I face major decisions
only when I'm panicked
only when someone suggests it

***Looking at this list again, which phrase below honestly describes the *consistency* with which you ask God to direct your ministry or service decisions and choices?**

all of the time
most of the time
once in a great while
only when I face major decisions
only when I'm panicked
only when someone suggests it

Exercise #1

“Show me Your ways, O Lord, teach me Your paths; guide me in Your truth and teach me, for You are God my Savior, and my hope is in You all day long.” (Psalm 25:4-5)

“Satisfy us in the morning with Your unfailing love, that we may sing for joy and be glad all our days.” (Psalm 90:14)

Re-write the passage, inserting your name where applicable. Then write down something specific that God brings to mind, which might include a question you have for him or a praise you'd like to offer him. Take your time and consider God's words as they penetrate your heart.

Exercise #2

Is there an area of your ministry or personal life that needs God's transforming power?

Romans 12:2 says, “Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is - His good, pleasing and perfect will.”

“I will give you a new heart, and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh. And I will put my Spirit in you and move you to follow my decrees and be careful to keep my laws.” (Ezekiel 36:26-27)

Exercise #3

Take time to reflect on and share with God what's on your heart in this moment.

Consider including a scripture that you find particularly meaningful right now, or possibly a question or concern weighing on your mind.

Exercise #4

As you read a portion of scripture, you might consider writing about...

1. Any instructions you see that God wants applied to your life
2. An idea or image that strike you as particularly important or thought-provoking
3. Some quality of God's character you see

Write down or draw something related to this text.

Luke 17:11-19

Now on His way to Jerusalem, Jesus traveled along the border between Samaria and Galilee. As He was going into a village, ten men who had leprosy met Him. They stood at distance and called out in a loud voice, “Jesus, Master, have pity on us!” When he saw them, He said, “go, show yourselves to the priests.” And as they went, they were cleansed. One of them, when he saw he was healed, came back, praising God in a loud voice. He threw himself at Jesus' feet and thanked Him, - and he was a Samaritan. Jesus asked, “Were not all ten cleansed? Where are the other nine? Was no one found to return and give praise to God except this foreigner?” then He said to him, “Rise and go”; your faith has made you well.”

Exercises Excerpted from “Meet Me by the Water”
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